

# Seeds Promise

## Word of the Week: Words for You to Know

**anoint** To anoint means to bless a person with oil to show that he or she is special to God.



**Baptism** Baptism makes us children of God and members of God's family, the Church.



**Beatitudes** The Beatitudes are Jesus' list of attitudes and actions that will help his followers find real happiness.



**Bible**



The Bible is the holy book that tells us about God's love for us.

**Church**



The Church is God's family, the people that God has called together all around the world. (*Seeds*)

The Church is God's family, the faithful people that God has called together all around the world. (*Promise*)

**Church Year** The Church Year helps us to remember and celebrate Jesus' life.



**Confirmation** Confirmation celebrates the Gift of the Holy Spirit and gives us strength to do Jesus' work.



**Creator** We call God our Creator because he made our world and everything in it. (*Seeds*)



**creed** A creed is a prayer that tells what members of the Church believe.

**God** God made the whole world. Everything that God made is good.  
God made you and me.



**Gospel** A Gospel is a book in the Bible that tells us the Good News about Jesus.  
We listen to a Gospel reading at every Mass.



**Heaven** Heaven is living in happiness with God forever.



**Holy Communion** Holy Communion is the Body and Blood of Jesus Christ.

**Holy Spirit**



When Jesus went back to Heaven, he gave us a special helper.  
The Holy Spirit helps us to pray and do what is good.

**Holy Week** Holy Week is the week before Easter.



**Jesus** Jesus is God's Son. He is true God. He is also human like us. Jesus' Father is God in Heaven.



**marriage** Marriage is when a man and a woman promise to love each other forever.



**Mary**



Mary is Jesus' mother. Mary is our mother, too. She hears us when we talk to her in prayer.

**Mass** We gather at Mass to remember and thank Jesus.



**mercy**



Mercy is being willing to forgive or help. It means treating others like God treats us.

**mission** A mission is being sent to love and help other people.



**neighbor** A neighbor is a person who lives near someone. Jesus said we should love our neighbor like we love ourselves.



**New Testament** The New Testament is the second part of the Bible. It tells us about Jesus' life and teachings.



**Old Testament** The Old Testament is the first part of the Bible. It tells the story of God's love for his people.

**parish** A parish is our church family that gathers for Mass and prayer.



**pastor**



A pastor is a priest who leads a parish.

**prayer** Prayer is a heart-to-heart talk with God.



**Reconciliation** Reconciliation celebrates God's forgiveness of our unloving choices.



**respect** Respect means showing that a person or thing has been created by God. It means caring for it and treating it well.



**saint**



A saint is a person who lived like Jesus and is now in Heaven.

**service** We offer service when we help one another. (*Promise*)



**Sunday** On Sunday, we come together at Mass to remember and thank Jesus.



**Ten Commandments** The Ten Commandments are laws from God that tell us how to live good lives.

