

Holy Week at Home Family Retreat

We invite your family to enter into a Holy Week Retreat. This collection of ideas is to help you create a family liturgy in your domestic church. Many of the activities are intended for a broad range of ages, so you can participate in them as a whole family. You can record your prayers, favorite Bible verses, journaling, and artwork in [your own Holy Week Journal](#). Click on each of the links for more info and resources.

Day	Liturgy	Scripture	Activities
Palm Sunday	Watch Palm Sunday Mass at _____ on _____	Matthew 21:1-11 <ul style="list-style-type: none"> • Make a Scripture Card • Draw an illustration • Pray with Lectio Divina 	Video: Palm Sunday Video: Better than a Super Hero: Cat Chat (Formed.org) Craft: Handprint Palms and Footprint Donkey Craft Coloring Page: Palm Sunday Coloring Page Food: Palm Sundaes Song: Lift High the Cross
Monday of Holy Week	Watch Mass at _____ on _____	John 12:1-11 <ul style="list-style-type: none"> • Make a Scripture Card • Draw an illustration • Pray with Lectio Divina 	Video: The Witness Trilogy: God with Us (Formed.org) Video: Holy Week in Two Minutes Craft: Mary Anoints Jesus' Feet Craft Coloring Page: Faith Over Fear Quote Coloring Pages Food: Lenten Pretzels Song: Walking with Jesus (Rosary in Song)
Tuesday of Holy Week	Watch Mass at _____ on _____	John 13:31-38 <ul style="list-style-type: none"> • Make a Scripture Card • Draw an illustration • Pray with Lectio Divina 	Video: Jesus in the Desert Video: Follow- A Social Media Holy Week Craft: Rooster Color By Number Coloring Page: Peter Denies Jesus Coloring Page Food: Your Favorite Chicken Dish (for the cockcrow in today's Gospel) Song: How Can It Be
Spy Wednesday	Watch Mass at _____ on _____	Matthew 26:14-25 <ul style="list-style-type: none"> • Make a Scripture Card • Draw an illustration • Pray with Lectio Divina 	Video: Spy Wednesday- 30 Pieces of Silver Hunt Video: Betrayal and Arrest of Jesus Craft: Judas' Money Pouch Printable Coloring Page: What the Triduum Looks Like Coloring Page Food: Money Bag Wontons Song: Were You There
Holy Thursday	Watch Holy Thursday Mass at _____ on _____	John 13:1-15 <ul style="list-style-type: none"> • Make a Scripture Card • Draw an illustration • Pray with Lectio Divina 	Video: The Bread of Life: Celebrating the Eucharist (Formed.org) Video: The Veil Removed Craft: Monstrance Art Project Coloring Page: DaVinci's Last Supper Coloring Pages Food: Hot Cross Buns or Allergy Friendly Version Song: Panis Angelicus (Bread of Angels)
Good Friday	Watch Good Friday Service at _____ on _____	John 19:16-42 <ul style="list-style-type: none"> • Make a Scripture Card • Draw an illustration • Pray with Lectio Divina 	Video: The Crucifixion and The Stations of the Cross with Children Video: Fulton Sheen on the Meaning of the Cross Craft: Stations of the Cross Art- Easy Version & Challenging Version Activity: Pray the Rosary with Petitions for the Pandemic Activity: Stations of the Cross Box for Kids Coloring Page: Stations of the Cross Coloring Pages Food: Good Friday Symbolic Lunch or Allergy Friendly Version Song: At the Cross Her Station Keeping Ideas for Venerating the Cross at home and talking with your young children about the Crucifixion in this video
Holy Saturday	Watch Easter Vigil at _____ on _____	Matthew 28:1-10 <ul style="list-style-type: none"> • Make a Scripture Card • Draw an illustration • Pray with Lectio Divina 	Video: That One Day Video: The Three Trees Movie Craft: Make Your Own Paschal Candle Activity: Renew Your Baptismal Promises or Make Praying for You Cards Coloring Page: Sacred Heart of Jesus Coloring Pages Food: Resurrection Rolls Recipe and Story Song: Easter Proclamation (Exsultet)
Easter Sunday	Watch Easter Sunday Mass at _____ on _____	John 20:1-9 <ul style="list-style-type: none"> • Make a Scripture Card • Draw an illustration • Pray with Lectio Divina 	Video: He is Risen! The Power of the Resurrection (Formed.org) Video: The Eastern Story Craft: Way of Light Mini Coloring Book and Bible Study Coloring Page: What Easter Looks Like Coloring Page Food: Decorated Easter Eggs with Resurrection Symbols Song: Eastern Playlist