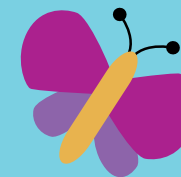


Easter 2023

Daily Activities for Families



CALENDAR

APRIL

SUN 9

“This is the day the LORD has made; let us rejoice in it and be glad.” Ps 118:24

Joyfully say Alleluia as a family together at Mass on Easter Sunday.

MON 10

Monday in the Octave of Easter

“Do not be afraid.” Mt 28:10

How can these words spoken by Jesus support your family today?

TUE 11

Tuesday in the Octave of Easter

“Go to my brothers and tell them, ‘I am going to my Father and your Father, to my God and your God.’” Jn 20:17

Write a story or a prayer to tell others about Jesus.

WED 12

Wednesday in the Octave of Easter

“Give thanks to the LORD . . . Sing praise to him, play music; proclaim all his wondrous deeds!” Ps 105:1-2

Compose and sing a song of praise together as a family.

THU 13

Thursday in the Octave of Easter

“He was made known to them in the breaking of the bread.” Lk 24:35

Discuss how Jesus is made known to your family in the breaking of the bread.

FRI 14

Friday in the Octave of Easter

“Many of those who heard the word came to believe.” Acts 4:4

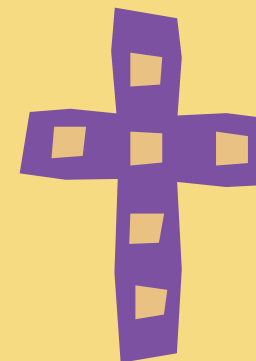
Read accounts from the Acts of the Apostles together from a children’s or family Bible.

SAT 15

Saturday in the Octave of Easter

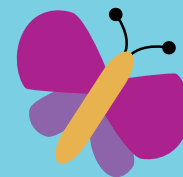
“Go into the whole world and proclaim the gospel to every creature.” Mk 16:15

Decide on a creative way you can proclaim the Gospel this week.



Easter 2023

Daily Activities for Families



CALENDAR

APRIL

SUN 16

Sunday of Divine Mercy

“His mercy endures forever.”

Ps 118:1

What does it mean to be merciful? Decide on a way your family will show mercy this week.

MON 17

“Amen, amen, I say to you, no one can enter the kingdom of God without being born of water and Spirit.” Jn 3:5

Look together at photos or keepsakes from family members' Baptisms and recall your baptismal promises.

TUE 18

“Whoever keeps his word, the love of God is truly perfected in him.” 1 Jn 2:5

Talk about ways that your family exemplifies the commandments.

WED 19

“Whoever lives the truth comes to the light, so that his works may be clearly seen as done in God.” Jn 3:21

Talk about ways that your family lives the truth in a way that is visible to others.

THU 20

“The one who comes from above is above all.” Jn 3:31

Remember to put God first in all you do, today and each day.

FRI 21

“Blow upon my garden that its perfumes may spread abroad.” Sg 4:16

Plant something together as a family, from a seed or seedling. Nurture it and watch it grow.

SAT 22

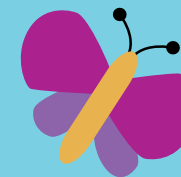
“Whoever is in Christ is a new creation: the old things have passed away; behold, new things have come.” 2 Cor 5:17

Take a family walk and behold signs of new life.



Easter 2023

Daily Activities for Families



CALENDAR

APRIL

SUN 23

"Were not our hearts burning [within us] while he spoke to us on the way and opened the scriptures to us?" Lk 24:32

Invite each family member to read a Scripture account or part of the Daily Readings. Discuss the passages together.

MON 24

"This is the work of God, that you believe in the one he sent." Jn 6:29

Invite family members to share expressions of faith.

TUE 25

"I am the bread of life; whoever comes to me will never hunger, and whoever believes in me will never thirst." Jn 6:35

Reflect on these words of Jesus. Donate a meal to a family who hungers or thirsts for food.

WED 26

"Say to God, 'How awesome your deeds!'" Ps 66:3

Incorporate this psalm in a family prayer of praise.

THU 27

"Everyone who listens to my Father and learns from him comes to me." Jn 6:45

Pray the Lord's Prayer as a family.

FRI 28

"This man is a chosen instrument of mine." Acts 9:15

Talk about what it means to be an instrument of God.

SAT 29

Feast Day of Saint Catherine of Siena

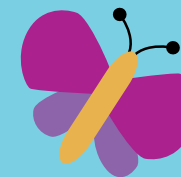
"Grace to you and peace from God our Father and the Lord Jesus Christ." 1 Cor 1:3

Together, compose and send a message of peace, like Saint Catherine of Siena.



Easter 2023

Daily Activities for Families



CALENDAR

APRIL
AND
MAY

SUN 30

“Whoever eats my Flesh and drinks my Blood remains in me and I in him.” Jn 6:56

Remember these words of Jesus as you celebrate the Eucharist as a family today.

MON 1

Feast of Saint Joseph the Worker

“Is he not the carpenter’s son?” Mt 13:55

Pray together to ask God’s blessing on all essential workers, like Joseph, the foster father of Jesus and a carpenter by trade.

TUE 2

“The hand of the Lord was with them.” Acts 11:21

Share ways the hand of the Lord strengthens you as a family as it did the first Christians.

WED 3

“I am the light of the world. Whoever follows me will not walk in darkness, but will have the light of life.” Jn 8:12

Gather around a candle or lantern and offer a family prayer to Jesus, Light of the World.

THU 4

“One does not live by bread alone.” Lk 4:4

Talk about the ways that your family is nourished through faith.

FRI 5

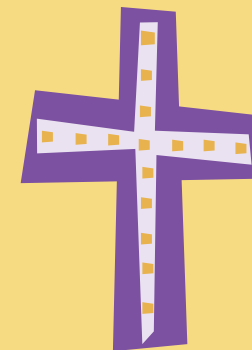
“In my Father’s house there are many dwelling places. If there were not, would I have told you that I am going to prepare a place for you?” Jn 14:2

Welcome someone into your home during the Easter season.

SAT 6

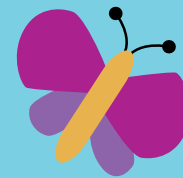
“In peace I will lie down and fall asleep, for you alone, LORD, make me secure.” Ps 4:9

Pray a prayer of peace as a family at bedtime.



Easter 2023

Daily Activities for Families



CALENDAR

MAY

SUN 7

“Children, let us love not in word or speech, but in deed and truth.” 1 Jn 3:18

Discuss ways as a family that your actions demonstrate your faith more than words alone.

MON 8

Feast of Saints Philip and James the Apostles

“He opened their minds to understand the scriptures.” Lk 24:45

Study a Sacred Scripture passage about the Apostles from your family Bible.

TUE 9

“It is necessary for us to undergo many hardships to enter the kingdom of God.” Acts 14:22

Discuss ways your family perseveres in the faith even in difficult times.

WED 10

“They were sent on their journey by the church.” Acts 15:3

Reflect on your family's faith journey and design a map to represent it creatively.

THU 11

“Sing to the LORD a new song.” Ps 96:1

Find and learn a song that praises God that is new to you.

FRI 12

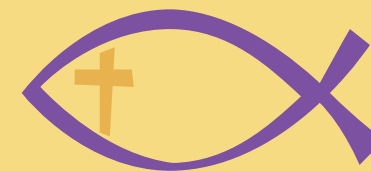
“They called the assembly together and delivered the letter. When the people read it, they were delighted with the exhortation.” Acts 15:30-31

Share your faith with someone through a handwritten letter.

SAT 13

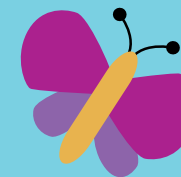
“If they persecuted me, they will also persecute you.” Jn 15:20

Discuss ways your family can stand for Jesus in the face of persecution or hatred.



Easter 2023

Daily Activities for Families



CALENDAR

MAY

SUN 14

“Let us love one another, because love is of God.”

1 Jn 4:7

Remember Mary, Mother of God, in a special way today as you celebrate Mother’s Day.

MON 15

“The LORD takes delight in his people.” Ps 149:4

Pray together to thank God for his delight in, love for, and care of your family.

TUE 16

“The Spirit of truth, he will guide you to all truth.” Jn 16:13

Talk about ways the Holy Spirit guides your family to the truth.

WED 17

“And I will ask the Father, and he will give you another Advocate to be with you always.” Jn 14:16

Discuss the meaning of the word *advocate* and why Jesus used this word to describe for the Holy Spirit.

THU 18

Solemnity of the Ascension of the Lord

“The one who descended is also the one who ascended far above all the heavens, that he might fill all things.” Eph 4:10

Today is Ascension Thursday. Attend Mass today (or on Sunday) as a family.

FRI 19

“This is my commandment: love one another as I love you.”

Jn 15:12

Discuss ways that your family keeps the Great Commandment.

SAT 20

“[Paul] left and traveled in orderly sequence . . . bringing strength to all the disciples.”

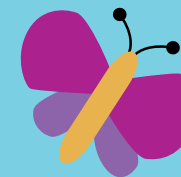
Acts 18:23

Share ways that your faith strengthens your family and others.



Easter 2023

Daily Activities for Families



CALENDAR

MAY

SUNDAY 21

“No one has ever seen God. Yet, if we love one another, God remains in us.” 1 Jn 4:12

Name a way that your family can share God’s love with someone.

MON 22

“In the world you will have trouble, but take courage, I have conquered the world.” Jn 16:33

Consider the troubles plaguing the world and ponder ways that faith could help solve them.

TUE 23

“I pray for them.” Jn 17:9

Reflect on these words of Jesus and offer him a family prayer of thanks.

WED 24

“It is more blessed to give than to receive.” Acts 20:35

As a family give something to someone in need—time, care, resources, or kindness.

THU 25

“Keep me safe, O God; in you I take refuge.” Ps 16:1

Take refuge in God. Pray this psalm with and for your family.

FRI 26

“Follow me.” Jn 21:19

Talk a walk together as a family to have a conversation about the ways you answer Jesus’ invitation to ‘follow!’

SAT 27

“With complete assurance and without hindrance he proclaimed the kingdom of God and taught about the Lord Jesus Christ.” Acts 28:31

Share the Good News inspired by the assurance and perseverance of Saint Paul.

SUN 28

Pentecost Sunday

“They were all filled with the holy Spirit.” Acts 2:4

Pray for courage together with the words, “Come Holy Spirit!” Set out to share the Good News as a family with your words and deeds!

