## Choosing a Confirmation Sponsor

You, with the help of your parents, are responsible for choosing a Confirmation sponsor. While it is not a decision that we want you to rush into making, we recommend that you decide and ask your sponsor as soon as possible. They will be a valuable resource throughout the preparation for your Confirmation, not just on the day of your Confirmation. Here are a few guidelines to help:

- Church law states that sponsors must be the following:
  - At least 16 years of age
  - A Confirmed Catholic
  - Living in accordance with the teachings of the Catholic faith
  - If married, be in a valid marriage recognized by the Catholic Church
  - Practices their faith by receiving the Eucharist weekly and on holy days of obligations
- It is recommended, but not required, that you ask one of your baptismal sponsors (godparents) to be your Confirmation sponsor. This emphasizes the strong connection between the Sacraments of Baptism and Confirmation and furthers their role in your life. However, you should also keep in mind the rest of these guidelines.
- There is no requirement that sponsors for boys must be men and sponsors for girls must be women. You may choose either a man or a woman.
- Sponsors will be asked to have a form completed and signed by their pastor stating that they meet the requirements required by Church law.
- Your sponsor should be available to be present at your Confirmation in the Spring, 2025 at St. Mary's Cathedral in Peoria. They should also be able to get together to complete the Sponsor/Candidate handbook during your 8<sup>th</sup> grade year. It is best if your sponsor can be an active part of your life, especially over the next year and a half.
- If you are having trouble choosing a sponsor, ask yourself some of these questions:
  - Who do I look to as a model in my faith?
  - Who challenges me to become the man/woman God wants me to be?
  - Who has been a constant support to me in my faith over the years, and who do I see supporting me for the rest of my life?
  - Who has time to dedicate to helping me grow to love the Lord more during this time of preparation, as well as after my Confirmation?
  - Who has influenced me to want to be an active part of the Catholic Church?
- Think about this, pray about it, and talk to your parents. You will need to turn in the Sponsor Information Form to an Edge Team Member by December 1 of this year.

## Please return the form below completed by November 1 of your 8<sup>th</sup> Grade year.

SPONSOR INFORMATION FORM
Please Print
Confirmation Candidate's Name
Sponsor's Legal Name
Sponsor's Email Address
Sponsor's Street Address
Sponsor's City, State & Zip Code